

# S.D. Family Focus

An update for South Dakota  
National Guard Service  
Members and families!



May 2012



**Looking for a free and safe activity for your kids this summer?**

Freebowling.com thought you might be. They have set up a free bowling program, with the intended effort of keeping kids entertained this summer in a safe, secure and fun way. They are also doing this to say thank you to the individuals, churches, schools and other organizations that utilize their bowling centers in the spring, fall, and winter seasons.

For more information about the program and to see if one currently exists in your area, log onto:

<http://www.kidsbowlfree.com/>

## TRICARE® Dental Program Teams with MetLife

Beginning May 1, 2012, MetLife will administer the TRICARE Dental Program

### CHANGES TO YOUR BENEFIT

The new contract provides some enhancements to your benefit.

Changes include the following:

- Coverage of tooth-colored/white fillings on back teeth
- An increased annual maximum benefit from \$1,200 to \$1,300 per enrollee
- An increase in the orthodontic lifetime maximum from \$1,500 to \$1,750 per enrollee
- \$1,200 per year for services related to dental treatment due to an accident
- No cost-shares for scaling and root planning (*deep cleaning*) for diabetics

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arts.gov/bluestarmuseums

Blue Star Museums is a program that offers FREE admission to museums for all active duty, National Guard and Reserve military personnel and their families from Memorial Day through Labor Day. To locate participating museums in your area, log onto:

<http://www.bluestarfam.org/Programs/Blue Star Museums>

## TRICARE® Dental Program Teams with MetLife *Continued*

Current TDP enrollees will get a welcome package and new enrollment cards in the mail before the May 1 start date. **If you are already enrolled into the United Concordia your enrollment will roll automatically to MetLife!**

If you pay your premiums through a direct payment from your checking account or credit card, you need to contact MetLife to reauthorize. **If you do not reauthorize with MetLife before April 20, please don't worry. Your automatic payments will end, but MetLife will send you a paper bill so there will be no break in your coverage.**

For more information on the MetLife program:

For general information, visit [www.tricare.mil/tdp](http://www.tricare.mil/tdp)

MetLife's Web site is at <https://mybenefits.metlife.com/tricare>

## A Nationwide Free Life Skills and Golf Instruction Program for Children



Are you looking for a no cost way to expand your child's experiences?

Would you like to involve your child in a proven program that builds confidence and leadership skills that carry over into his or her daily life?

Would you like your child to learn the lifetime game of golf from trained coaches?

Would you like your child to have a fun activity this summer

Children of National Guardsmen and Reservists are invited to participate at chapters of The First Tee Program to learn valuable life and golf skills from which there are five levels from beginner to advanced.

**For more information log onto:**

<http://www.thefirsttee.org/club/scripts/section/section.asp?grp=0&NS=DD>

## Join the SDNG Youth Council!

The SDNG Youth Council is expanding and looking for new members. There are currently 11 positions available for youth, ages 14-18, from throughout the state. Applications can be found on our Family Program website at <https://sdguard.ngb.army.mil/sites/famsup/default.aspx> - select "Youth Program" on the left-hand side and then "SDNG Youth Council." Applications are due on May 30<sup>th</sup> with plans for new members to begin in the fall. For further information, please contact Candice Tvinnereim, Child and Youth Coordinator, at 605-787-3312 or [candice.l.tvinnereim.ctr@us.army.mil](mailto:candice.l.tvinnereim.ctr@us.army.mil).

## Free Entrance Days – National Park Service 2012 (Participating Parks)

The National Park Service will waive entrance fees on select dates throughout 2012. During the entrance fee free time, other fees (such as camping) are still in effect.

- Get Outdoors Day -- June 9
- National Public Lands Day -- Sept 29
- Veterans Day weekend -- Nov 10 to Nov 12

### Parks in South Dakota:

Badlands National Park

Jewel Cave National Monument



Many of the 397 national parks NEVER charge an entrance fee. As you plan, check out the other National Park Service sites and see how they can be added to your travel route.

Go to: <http://www.nps.gov/findapark/feefreeparksbystate.htm>

## SD Air National Guard Yellow Ribbon Program Perspective

Michael Haugen Yellow Ribbon Program Specialist

Greetings from the SD Air National Guard! This fiscal year is almost half-way over. The more FUN we have the faster time seems “fly by.” We are going on our third year with the Yellow Ribbon Program. In retrospect, so much has happened since we first started the Yellow Ribbon Program from where we were then and where we currently are today. I would like to extend a significant amount of gratitude to the Army National Guard for their startup support and helping us to be successful in our endeavors with the Yellow Ribbon Program. We would like to continue our collaborative efforts and extend a huge **“Thank You”** to LTC Jacobson and his TEAM for their continued support they have provided to the Air National Guard. A lot of really GREAT people doing some really extraordinary things!

Some of our most recent endeavors that we strongly believe will enhance our current Yellow Ribbon and Family Programs would include my attendance to the 4 Lenses Training in Minneapolis in August of 2011. This three day training articulated on the facilitation and assessments of own temperaments and allowed each of us to experience and become more cognizant of our personal temperament “colors”. In addition, this particular training also allowed each of us to experience the different perspectives of other people’s temperaments and how each of us has our own unique style in the way we go about our daily routines.

Our temperaments significantly affect our personal and professional lives on a daily basis. Self awareness of ourselves and others helps us to more readily recognize how other people function that live and work in our surrounding environment. This in turn, provides a much deeper understanding and appreciation of the communication process when dealing with people both in and out of workplace.

A quote from Stephen R. Covey perhaps summarizes it the best, *“All of us think we see the world as it is: when in reality, we see the world as we are.”*

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## SD Air National Guard Yellow Ribbon Program Perspective *Continued*

Our most recent Yellow Ribbon event was held in Sioux Falls in February and was hosted for the Security Police Forces. The event was jam packed with a variety of presenters and information for the military members, family members, and significant others. Chaplain Harrison Lippert did a segment on "Cultural Awareness" which highlighted some of the extensive differences between our culture in the United States and how other people from different segments of the world have their own perceptions and variations that ultimately influence the way we live, act, and think. The Chaplain kept us entertained and yet he provided a very valuable message that we should be considerate of others and appreciate those differences of other people, not just in our own nation but those living in foreign countries too.



Lastly, MSgt Brian Johnson, Rachel VanderZee, and Candice Tvinnereim were instrumental in ensuring that our Yellow Ribbon Programs are successful. This particular program takes TEAM Support to be successful and I appreciate each of their support in taking the necessary steps to ensure that this occurs. Take care, and have a Fabulous Day!

## IT'S TIME FOR YOUTH CAMP!!!!

This summer's SD Military Youth Camp: Mission Possible is July 9-13, at Storm Mountain, which is located outside of Rapid City. Camp is for military youth, ages 10-13, who are a child, grandchild, sibling, or legal dependant of a SD military member or retired member. We are accepting 120 campers this summer, and searching for 10-15 junior counselors, ages 15-17. There is a \$60 registration fee for campers, as well as an application process for the selection of junior counselors. Transportation across the state will be available upon request and space availability. Camp is supported by the South Dakota National Guard Youth Program and Operation: Military Kids (OMK). For an application, please visit our Family Program website at:

<https://sdguard.ngb.army.mil/sites/famsup/default.aspx> - select "Youth Program" on the left-hand side and then "SD Military Youth Camp." For further information, please contact Taryn Broomfield, Lead Child and Youth Coordinator, at 605-737-6919 or [taryn.m.broomfield.ctr@us.army.mil](mailto:taryn.m.broomfield.ctr@us.army.mil)



## Yellow Ribbon Updates!

Yellow Ribbon has had some changes Check them out:

23-24 June → 200<sup>th</sup>/139<sup>th</sup>/ 30 Day Reintegration Event – **Sioux Falls– Changed location previously was scheduled to be in Pierre**

**Also Yellow Ribbon has had an E-mail Change:**

[ngsd-yellowribbon@ng.army.mil](mailto:ngsd-yellowribbon@ng.army.mil)

